

Sophomore Parent Information Night

Class of 2025

*Presented by The Kennedy
Catholic Counseling Department*





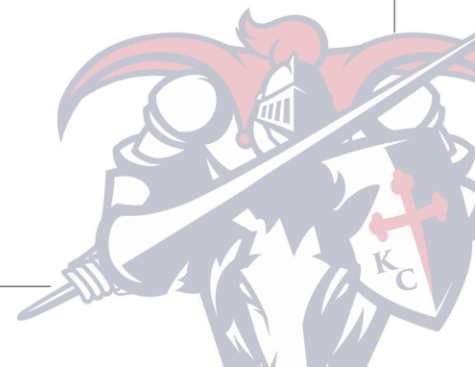
A Prayer for Students

Lord our God, in your wisdom and love you surround us with the mysteries of the universe. Send your Spirit upon these students and fill them with your wisdom and blessings. Grant that they may devote themselves to their studies and draw ever closer to you, the source of all knowledge. We ask this through Christ our Lord.

Amen.

Agenda

- Welcome
- Course Registration for 11th Grade
- Post-High School Plans / College Planning
- University Mock Admissions
- Q & A



Counseling Department

SEL Counselors

A-D

Laura Breshock
breshockl@kennedyhs.org

E-M

Diana Soto
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N-Z & International Students

Ralph Springer
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N-Z & International Students

Alvin Lui
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College Counselors

A-L

Siobhan McVeigh
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M-Z

Kerry Clark
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A-Z Career Specialist

Laura Breshock
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Social Workers

Susan Tiffany
A-Z

tiffanys@kennedyhs.org

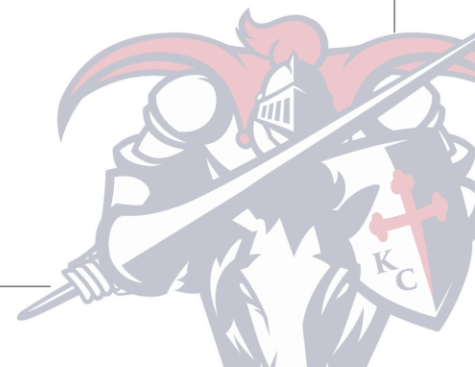
Alyson Soma
MSW Intern
somaa@kennedyhs.org



Kennedy Catholic Counseling Department

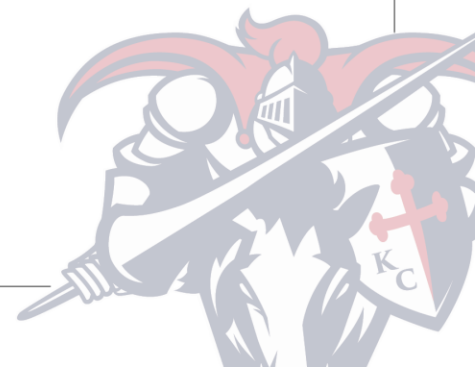
What We Do

- Academic-Advising and Support
- Social/Emotional Counseling and Groups
- College and Career Advising
- Conversations are confidential between Counselor and Student unless someone's safety is at risk, or we suspect abuse
- Students can use our Calendly links to make appointments to see their Counselors or use our QR code in the Counseling Department
- Parents/Guardians can call or email to schedule a meeting



Counseling Department – Getting Info

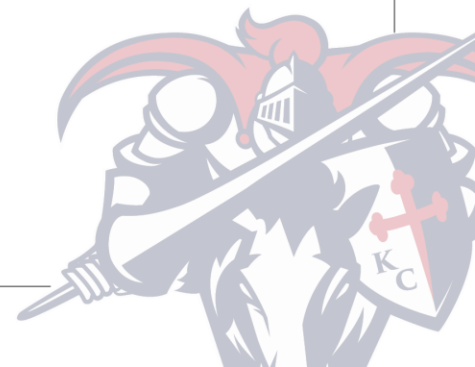
- [Counseling page on Kennedy Catholic website](#)
- [eNews on Kennedy Catholic website](#)
- Counseling page on [Canvas](#)
- Quicklinks on Kennedy Catholic Website



Paving the Way for Success:

What Your Students Can Do

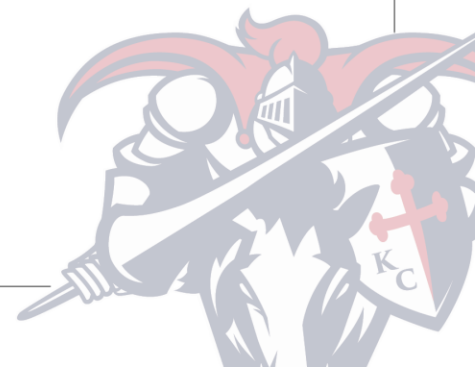
- Check their grades in PowerSchool
- Check Canvas for assignments
- Use their planner
- Communicate with teachers



Paving the Way for Success:

What Your Students Can Do

- Ask for help if they are feeling overwhelmed by making an appointment with their SEL Counselor if they need extra support or help in reaching out to a teacher
- Form regular homework, study, and sleep habits
- Get involved: Clubs, Sports, Campus Ministry, Student Ambassadors



Support for Students

Teacher Office Hours:

7:30 - 7:55 am (M - F)

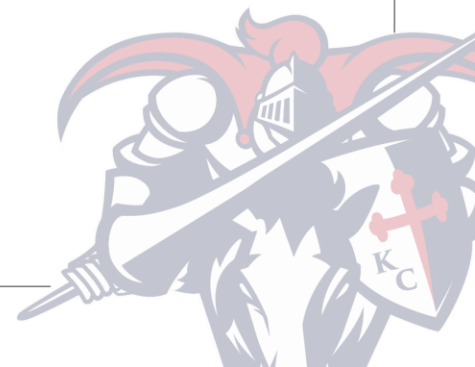
2:30 - 3:00 pm (M - F)

Lancer Academy: Currently in Room C186

2:45 - 3:30 pm (M - TH)

Library Hours:

7:30 - 5:00 pm (M-F)



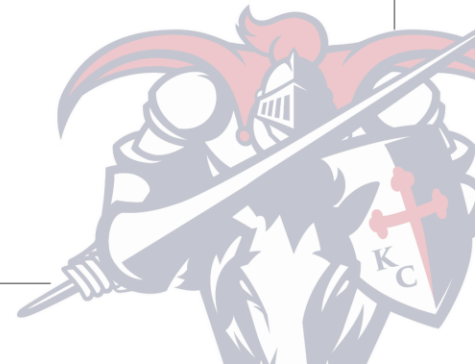
School Social Worker



School Social Worker – SEL Support

Role of the School Social Worker

- Support students who may need more intensive social emotional support
- Coordinate care with outside services providers
- Partner with caregivers and families to support their student's success
- Students connected with social worker through referral



SBIRT & Check Yourself Screener



SBIRT & *Check Yourself* Screener

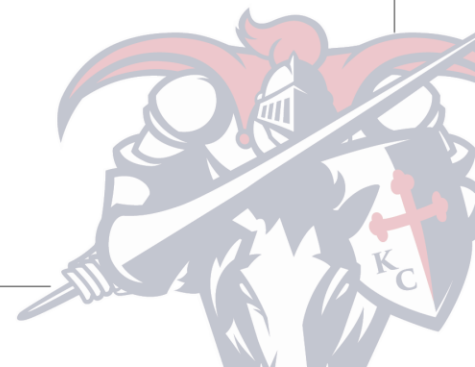
SBIRT = Screening, Brief Intervention, Referral To (services)

- Provides a snapshot of a student's immediate needs
- Focuses on prevention and brief intervention



King County

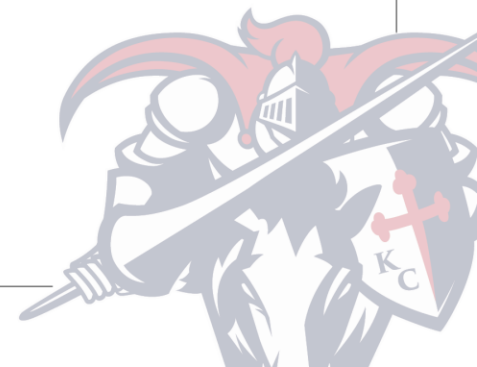
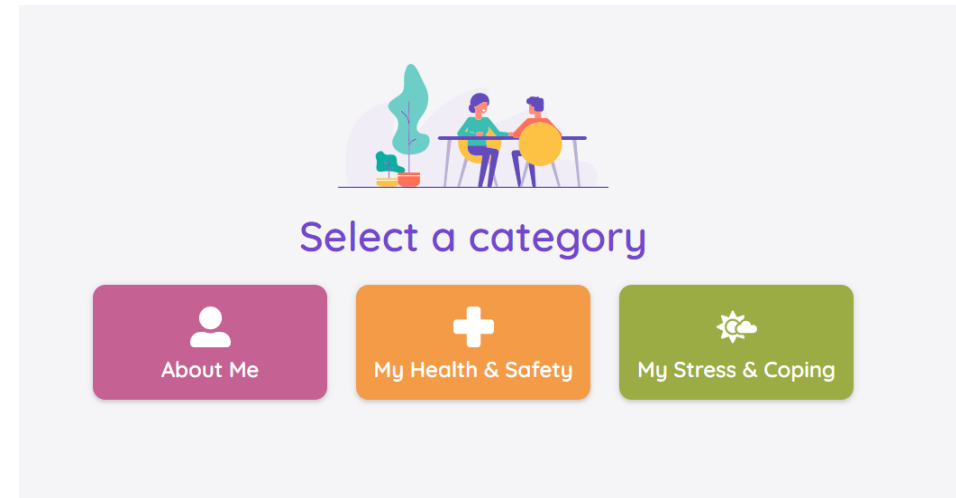
Best Starts for
KIDS



SBIRT & *Check Yourself* Screener

***Check Yourself* Screener**

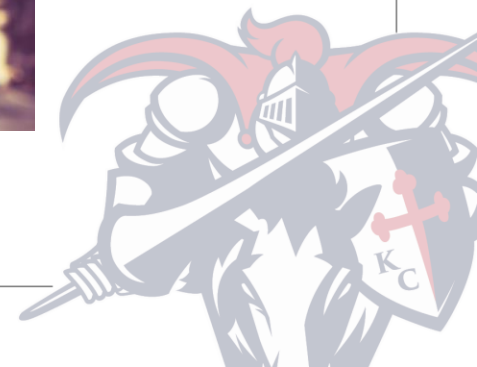
- Voluntary, opt-out option for caregivers and students
- Confidential, information is kept secure
- Help students think about:
 - Personal & Family Strengths
 - Gender & Sexuality
 - Mental Health & Substance Use



SBIRT & *Check Yourself* Screener

Overall Goals

- Provide needed support and services
- Overcome identified challenges and barriers
- Promote student success at school, at home, and in the community



Course Registration



Class of 2025

2023– 2024 Registration Request Worksheet

ALL COURSES WITH * REQUIRE INITIALS FROM YOUR CURRENT TEACHER IN THAT SUBJECT

First Semester	Second Semester
Current Theology: ST Theology 10 – Theology 10 11th Grade Theology: ST Theology 11* – Theology 11	Same as Semester 1
Current English: ST English 10 – English 10 – Honors English 10 11th Grade English: ST English 11* – English 11 – Honors English 11 (DC)*	Same as Semester 1
9th Grade Social Studies: ST World History – World History – Honors World History 11th Grade Social Studies: ST US History* – US History – AP US History*	Same as Semester 1
Current Math: 11th Grade Math:*	Same as Semester 1
Current Science: 11th Grade Science*:	Same as Semester 1
World Language: Yes or No Language: Level for 23-24 School Year*:	Same as Semester 1 <i>You must complete two years of study in the same world language, so if you are only in Level 1, you must take Level 2 next year. If you have not started a language, you should start one next school year as a junior.</i>

11th Grade Electives:

You must **list four (4) full year options** or **eight (8) semester-based options**.

Refer to the course catalog for specific information. Do not repeat courses. Rank order.

Please note any signature or application requirements as listed in the course catalog

1. S or FY _____
2. S or FY _____
3. S or FY _____
4. S or FY _____
5. S or FY _____
6. S or FY _____
7. S or FY _____
8. S or FY _____

Do you plan to take any courses this summer? **Yes or No**

Reason for taking courses? Circle reason(s) below.

Retrieval – Advancement – Make Room in Schedule

Which classes do you plan to take?

No summer classes are approved until you formally submit a request. This information is just for planning purposes. Requests for summer coursework will open in April 2023.

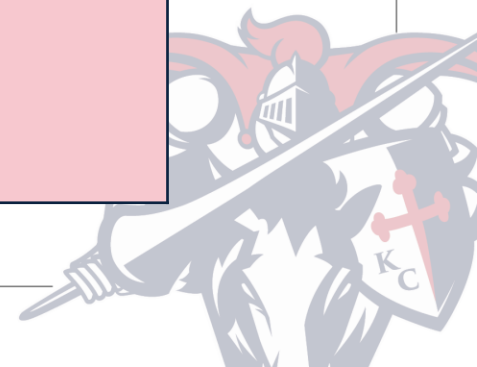
If you have not yet registered for Health, you must either take it in 11th grade or take it over the summer.

If you are interested in an Intern position, the application is available here: <https://tinyurl.com/KCInternApp>

Grad Requirements for Class of 2025

Subject	Required Credits	Subject	Required Credits
Theology	4	Fitness	1.5
English	4	Fine Arts	2
Math	3	Career/Tech Ed.	1
Social Studies	3	Foreign Lang.	2
Health	0.5	Electives	4
Science	3	Total	28

1 semester = 0.5 credit



The Next Two Years

11 TH Grade	12 th Grade
Theology	Theology
English	English
Math	Social Studies: American Gov. + Elective
U.S. History	Electives: 4 Credits
Science	
Electives: 2 Credits	



4-Year College Admissions Requirements

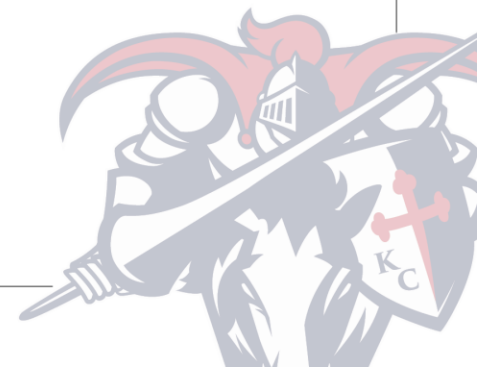
English	4 years
Science	3 years
Social Studies	3 years
Math <ul style="list-style-type: none">• Must take full year of math in senior year, OR• Algebra-based science, OR• Pre-calculus or higher before senior year	3 years
World Language	2 years
Fine Arts	2 years

These are minimum requirements.

Requirements may differ between colleges.

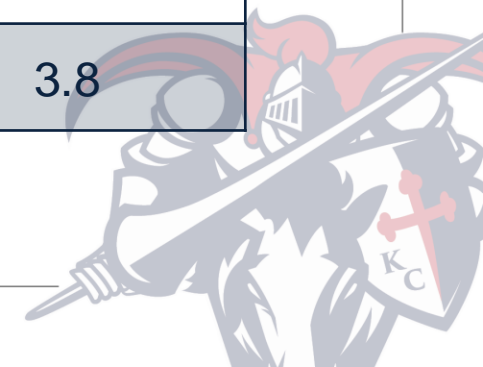
Algebra-based science:

- Anatomy
- Biotechnology
- Chemistry
- Physics



4-year College Admission Requirements

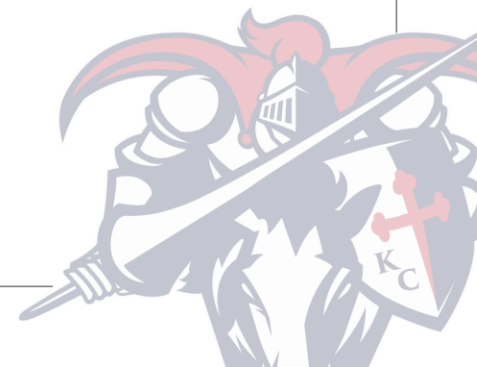
	UW	WSU	CWU	Private – Gonzaga	Selective
English	4	4	4	4	4- Honors
Math	4	3	3	4	4 - Pre-Calc
Social Studies	3	3	3	3	3
Science	3	3	3	3+B,C,& P	3+B,C,& P
Fine Arts	1	1	1	1	1
World Language	2/3	2	2	2/3	3+
GPA	3.7-3.95	3.19-3.76	2.8-3.5	3.5-3.88	3.8



Student Athletes and NCAA Eligibility

Division I Requirements – 16 core courses in the following subjects

- 4 years English
- 3 years math at Algebra 1 level or higher
- 2 years natural or physical science
- 1 year of additional English, math or natural/physical science
- 2 years social science
- 4 years additional from above or other approved NCAA courses (ex: World Languages)
- Minimum required GPA: **2.300** (in the 16 core courses)



Things to Remember

- If students have received an "F" or "I" on their transcript, **credit for that class was not earned**. This credit may need to be retrieved. Have your student contact their counselor.
- "D" is a pass, but some colleges look for only "C's" and higher (example: California public colleges)
- Fine Arts classes are labeled "FA" on electives sheet
- Career and Technical Education classes are labeled "CTE" on elective sheet
- Some classes are labeled as both "FA" and "CTE," but they only serve as credit for one or the other requirement, not both simultaneously

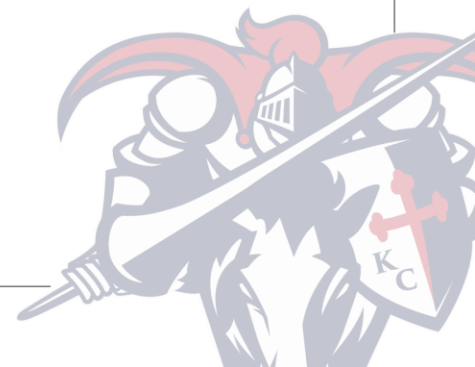


CTE and FA credit classes*

Students can earn both CTE and FA credits in the following electives:

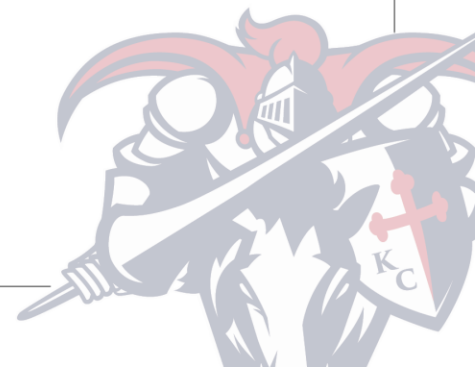
- Instrumental Music (all ensembles)
- Theatre Arts (all theatre classes)
- Visual Arts (all visual arts classes)
- Vocal Music (all ensembles)

*These courses satisfy either CTE or FA requirements, but not both simultaneously



Course Registration for Students Due February 9th

- ☐ Submit completed Course Request Form with Signatures to your Community Period Teacher by **Feb 9**



Post-High School Planning



Post-High School Options

- Two-year community college
- Four-year college
- Technical / Trade
 - [Washington State Board for Community & Technical Colleges](#)
- Gap year
- Military
 - Speak with recruiters at school visits or through ROTC programs at universities
 - Contact local recruiters through each branch's website (Army, Navy, Marine Corps, Air Force, Coast Guard)



College & Career Planning

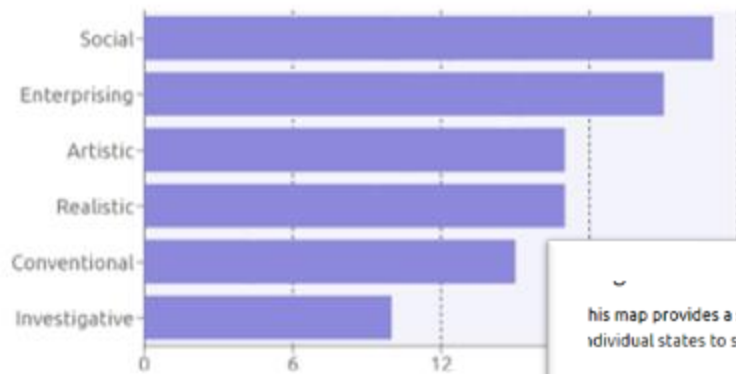
- Get involved in the community (school, local, church, etc.)
- Find out college / career entrance requirements (start with Naviance)
- Schedule appropriate classes for intended major / career; increase academic rigor if possible
- Do well in rigorous courses to maintain a strong GPA
- Attend college visits and college fairs in fall and spring
- Use Naviance to explore personality traits, career options, and learning habits (Parent accounts were created and sent out this evening)
- Take advantage of the summer: volunteer (beyond the ISLE hours!), internships, pre-college programs, community college course (major / career related that Kennedy does not offer)
 - These opportunities are posted on Canvas and shared in the E-News



Naviance Career Planning

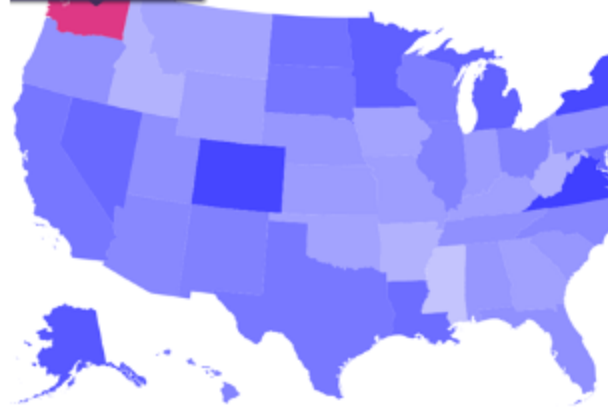
Be sure to **favorite careers** that interest you to save them for later.

Your Overall Scores by Holland Trait



This map provides a snapshot of the average wage for this occupation. Hover over individual states to see the specific average wage for that state.

Washington - \$68,080



Directors, Religious Activities and Education

Coordinate or design programs and conduct outreach to promote the religious education or activities of a denominational group. May provide counseling, guidance...

Education
4 Year College

Median Salary
\$43,860



Social and Community Service Management

Plan, direct, or coordinate the activities of a social service program or community outreach organization. Oversee the program or organization's budget and personnel.

Education
4 Year College

Median Salary
\$67,150

Related Majors

- Business Administration and Management, General
- Business/ Commerce, General
- Community Organization and Advocacy
- Community Organization and Advocacy
- Entrepreneurship/ Entrepreneurial Studies
- Non-Profit/ Public/ Organizational Management
- Public Administration

Related Careers

- Arbitrators, Mediators, and Conciliators
- Directors, Religious Activities and Education
- Educational, Guidance, and Career Counselors and Advisors
- Equal Opportunity Representatives and Officers
- Human Resources Managers

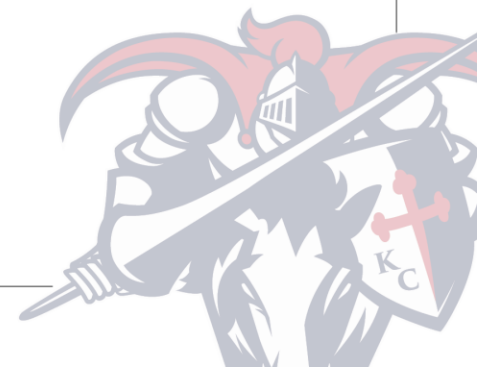


Take the PSAT

- Take the PSAT in the fall of junior year – utilize score report to look for areas of strength / deficit
- Qualify for scholarship and College Board National Recognition Program awards
- Access free resources for SAT / ACT prep – [Khan Academy](#)
- Prepares students to take the SAT / ACT in spring of junior year – repeat in summer if necessary
- Meet with your college & career counselor to make a plan

Things to consider:

- Does the college require test scores?
- Is the college test-optional or test-blind?
- Does my GPA align well with the colleges / universities?

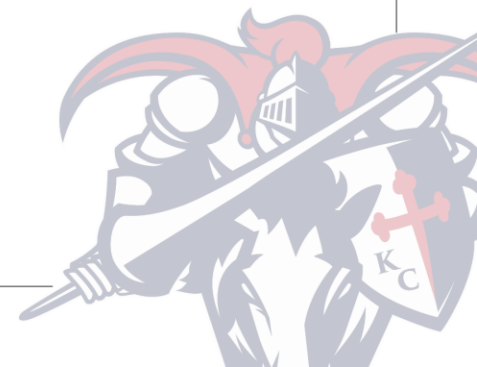


Test Scores



Fairtest.org - What is a Test Optional College?

This list includes bachelor degree granting institution that do not require all or most recent U.S. high school graduates applying for fall 2023 to submit ACT/SAT results before admissions decisions are made.



University Mock Admissions Game



KENNEDY CATHOLIC HIGH SCHOOL



Marcela Castillo Majority admit – she might actually go depending on the financial aid offered through Plymouth and the other schools she is accepted to

Dorri Johnson 10 admit liberal arts background, compelling essay, overcome ADHD, finished with a strong trend in grades

Henry Watanabe – he plagiarized, and it was freshman year....so hopefully he learned; he needs to have some safety schools other than Plymouth

**Thank you for
attending!**

Questions?

**Your feedback
is appreciated!**

**Sophomore Parent Night 2023
Feedback Form**

